

## Broadcast Builder Edition 3

### Further Reading & Resources

This document supplements the interviews on Broadcast Builder Edition 3.

All links are in [red](#).

Every effort was made to provide correct information and links in this document. Please advise us if any links do not work or if the content needs to be updated  
[info@broadcastbuilder.com.au](mailto:info@broadcastbuilder.com.au)

*Last updated, 15<sup>th</sup> February, 2010*

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## Track 2

### Six star housing: It's time to take a closer look at windows

Australia is introducing 6-star energy efficiency standards for housing.



An energy rating star is an expression of how easy it is to keep a home at a comfortable temperature – in basic terms it describes how much heat can travel in and out of a building through the "building fabric" - the walls, roof, windows, floor, etc.

A star is measured in MJ of heating or cooling energy per m<sup>2</sup> of conditioned floor area per year. In other words how much heating or cooling energy is required over the course of a year to keep the climate controlled spaces in your home at a comfortable temperature.

It is difficult to achieve six star housing without considering windows because they are major source of unwanted heat loss and gain.

High performance windows can help you build more energy efficient homes, and maintain the large window areas that home owners want.

### Valuable web resources

[SeeBeyondWindows.com](http://SeeBeyondWindows.com):

- What is a star rating? Changes to building regulations
- Guidelines for selecting windows for different climates
- Benefits of high performance glass and good window orientation
- Contact quality [Window suppliers](#) in your area
- Provide your clients with information about high performance windows



Viridian Glass website:

- [Viridian Glass product selection and applications](#)
- [Glass Types](#)

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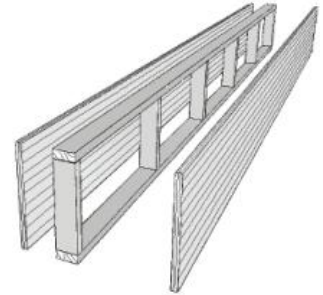
## Track 3

### **Plywood Box Beams: A lightweight and cost effective alternative**

Plywood box beams provide a light-weight, cost effective and flexible building alternative for structural beams.

They have plywood sheets on either side of a horizontal flange and vertical stiffeners to provide structural support and stability.

You can fabricate customised plywood box beams on site, or get custom orders delivered as a flat pack from a growing number of truss and frame manufacturers.



The **Wood. Naturally Better.™** website, [www.naturallybetter.com.au](http://www.naturallybetter.com.au) is a directory of information and resources related to timber and wood products in Australia.

- Download a copy of the **Span Tables**  
Start using plywood box beams on your next job

- **Ask an expert**  
Do you have a question about the span tables?  
Where can you source flat-pack box beams?

The team at **Wood. Naturally Better™** can answer your questions.

- Browse the **Working with Wood** section for more resources on **long span timber beams**



## Track 4

### **Win a pair of Paslode nailers**

- **Learn more about the Paslode products**
- **Download MSDS and product manuals**
- **Register your Paslode tools**
- **Learn more about the competition**



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## Track 5

### Low back pain

This track outlined some management strategies for low back pain

Further information:

- [Virtual Medical Centre](#)
- State work safety authorities

## Track 6

### Work smarter not harder

Service Central links builders and other tradespeople to jobs.

People post their jobs on the Service Central website and then Service Central connects registered trade professionals with the work.



[Learn how Service Central can generate work for you](#)

[Use Service Central to find quality sub contractors ready to work for you](#)

## Track 5

### Right of Entry

Andrew Douglas, the principal lawyer and managing director of Douglas Workplace & Litigation Lawyers and Douglas LPT (Law, People, Training)



Andrew has a special interest in assisting small businesses and he is well recognised for his expertise in workplace law. Andrew is also the Editor in Chief of a loose leaf publication, the OHS Handbook.

[Visit the Douglas Workplace & Litigation Lawyers website](#)

[Contact Andrew](#)

### Other valuable resources:

- [ABCC – Fact Sheets related to Right of Entry](#)
- [Fair Work Ombudsman – About Right of Entry](#)
- [Fair Work Online - Right of Entry fact sheet for employees](#)

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